

SUNWAY
MEDICAL CENTRE[®]
Sunway City

CERVICAL CANCER *SCREENING GUIDE*



Cervical cancer is caused largely by the Human papillomavirus (HPV).
Find out how you can get screened and protected today.

WHAT IS HUMAN PAPILLOMAVIRUS (HPV)?

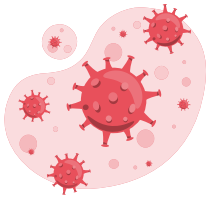
HPV is a group of more than 100 different types of viruses.

Most are harmless, but some causes genital warts and others causes changes that leads to cancer.

About 70% of HPV-related cervical cancer is caused by HPV-16 or HPV-18.

CERVICAL CANCER RISK FACTORS

1



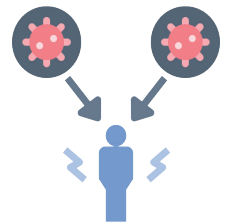
Human Papillomavirus (HPV) infection

2



Multiple sexual partners

3



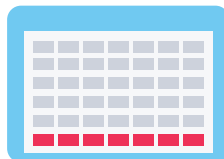
Weakened immune system

4



Smoking

5



Prolonged use of birth control pills

6



Given birth to multiple children

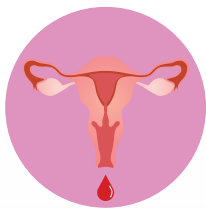
SIGNS & SYMPTOMS OF CERVICAL CANCER



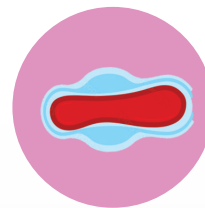
Pain during sexual intercourse



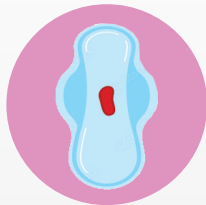
Bleeding after menopause



Bleeding after intercourse



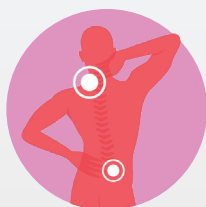
Heavy menstrual bleeding



Light bleeding or blood spots between periods



Excessive vaginal discharge



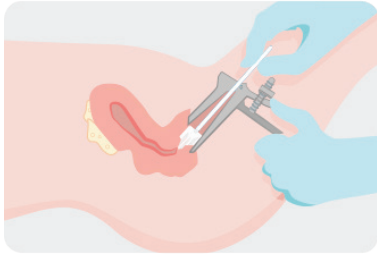
Unexplained back pain/pelvic pain



Unexplained weight loss

SCREENING OPTIONS

1



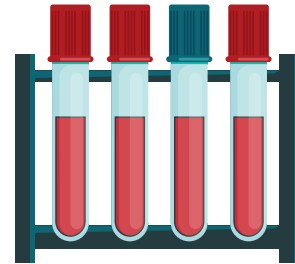
Pap Smear

A procedure that uses a small brush to collect cells from the surface of the cervix. The cells are viewed under a microscope to find out if they are abnormal.

HPV DNA Test

It is a laboratory test that is used to detect the DNA of High Risk HPV infection. It can be done using the sample of cells removed during a Pap smear test.

2



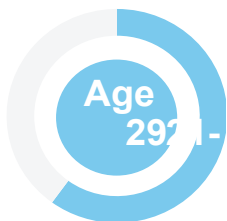
3



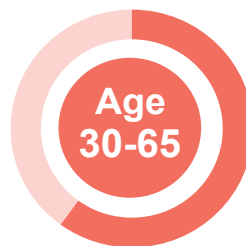
HPV Self-Sampling

Sample for a HPV test can also be collected by the patient with a self sampling tool and is sent back to the lab for testing of abnormalities.

CERVICAL CANCER SCREENING GUIDELINES



- Pap smear for all women between the ages of **20 and 65** years old or who have been sexually active.
- If **two** consecutive year tests are negative, subsequent screening can be done every **three** years.
- HPV testing is not recommended



- Have a co-test (a Pap smear and an HPV test together) every 5 years, or
- If HPV is negative

**IF YOU ARE EXPERIENCING ANY SYMPTOMS,
VISIT A GYNAECOLOGIST FOR A CONSULTATION.**